

## GENERAL MONTHLY MEETINGS

All monthly meetings are held at St. Paul's Centre, Church Street, Enfield, on the second Monday of the month, except where stated otherwise.

Doors are opened at 2.00 p.m., (not before, please to let us get the room ready), when tea will be served.

Meetings start at 2.30 p.m. prompt.

Visitors may attend up to 2 meetings on payment of £2.00 per visit and membership may be taken out at any meeting.

## PUB LUNCHES

Pub Lunches are open to all, whether members or not. They take place on the second and fourth Tuesdays of each month, from 12.00 noon.

For further information on these ONLY, please 'phone Julia 020 8360 4892 or Gaynor 07950 535 892

Details of Pub Lunches are available in the Newsletter, at the monthly general meeting or by calling the above numbers.



## ENFIELD



THE UNIVERSITY OF THE THIRD AGE

Regd Charity No 1070139

[www.enfieldu3a.org.uk](http://www.enfieldu3a.org.uk)

## UNIVERSITY OF THE THIRD AGE



## What is U3A?

U3A stands for University of the Third Age, or that period in our lives after childhood and working life, when most of us have finished paid employment, and our families have flown the nest.

Although called a University, we do not seek to offer degrees, but use the term in its original sense, of groups of people wishing to study or discuss a subject. We take this idea very loosely and include many and varied topics, which in some cases are just pure enjoyment, and do not include study at all!

## Who are we?

We are people, like yourself, who are interested in making our retirement from paid employment enjoyable and fulfilling - in being able to study or follow various subjects to whatever level we wish, without the stress of taking examinations, in small groups, with like-minded people.

## What are we?

Part of a world-wide self-help organisation which has at present 1000 groups spread around the country, comprising over 366,293 members in Great Britain alone, but is also very strong in many other countries.

Started in October 1994, Enfield U3A has over 400 members at present, and we are still growing. We cover an area stretching from Palmers Green in one direction to the boundary of Potters Bar and from Chingford to Barnet in the other! We are completely self-governing, but are affiliated to the Third Age Trust, a Charity that looks after the interests of all the local U3A's in this country.

## What do we offer?

The list of subjects offered is growing all the time, and is restricted only by the number of group leaders that we have. Do you have a skill or hobby that you would like to share with others by leading a group? You do not have to be a qualified teacher, although some of our group leaders are. The main thing that is needed is enthusiasm in a subject, and a wish to help others enjoy it. Indeed, some of our group leaders are "students" in other groups and vice versa!

The subjects offered at present (subject to change and availability) are as follows and, due to insurance requirements, open to all paid-up members only:-

Art; Board Games; Bolivia Canasta; Book Clubs (4); Bridge; Card-making/Handicrafts; Discussion Group; Freedom Pass trips; French (2 Groups); Gardening; Genealogy; German; German/English-Speaking walking group; Modern British/European World History (2 Groups); History of Enfield; Italian; Knitting; London History; London Walks; Mah-jong; (2 groups) Moving Image Club; Philosophy; Photography; Play Reading; Pub Lunches; Rehearsals at the Barbican; Scrabble (3 Groups); Shakespeare; Theatre Visits; Ukulele; Walking;

We also hold a monthly general meeting at which we usually have a visiting speaker on varied topics. The Third Age Trust publishes a quarterly full-colour magazine, which is posted free to members, together with "Sources" (a free educational magazine), and a lively website. Enfield U3A also has its own website and publishes a quarterly newsletter, obtainable at the monthly meetings or accessed via the website. There are also several national Networks covering different subject areas.

## What does it cost?

At present the annual subscription is set at £16.00 per member, but this may rise due to increased costs. The only other costs are for any books or learning aids which may be required, and entry to any public exhibitions or the like.

Group concessionary rates are often obtained, sometimes even free, making entrance to many exhibitions open to the public much cheaper than individual entry.

## How do I join?

You may attend up to 2 monthly meetings at a cost of £2.00 per visit, and if you like what you see, you may join by seeing the Treasurer at any meeting, or please contact us for further information. on 07925 123 763

Don't be put off if you find that there isn't a group running a subject in which you may be interested, or if one which is running is full. You may wish to offer your own knowledge and expertise to start a new group.

Have a word with the Groups' co-ordinator at our monthly meeting. A wish list is kept of requests for new groups, and most have been started in this way. We are, after all, a self-help organisation, and have been so for the past twenty-one years.

For details of our regular monthly meetings, see our notices in your local library